



Meet Carla Parker

Physical Therapist and Rehab Supervisor
*Bachelor of Health Science and
Master of Physical Therapy*

22 years with North Arkansas Regional Medical Center

What made you decide to become a Physical Therapist? I initially started college with a mindset of going into business so that I could work at what is now FedEx. I had family ties in the company and just assumed I would end up working there. One day my dad sat me down and said "the trucking industry is not where you want to be." I had always been interested in healthcare and from that point on I was focused on becoming a PT.

Specialty Area: My specialty area is acute care including Med Surge, ICU, and Orthopedics. In the last 2 years I have learned a lot about Covid and have loved working with Covid patients and seeing the slow, but miraculous progress that can be accomplished.

Favorite Part of Being a Physical Therapist: I really enjoy helping people realize their potential and seeing their joy when they reach a goal.

Fun Fact About Yourself: I am married to Jay Parker, the Harrison High School Principal. We love to travel whether it be just for pleasure or for Jay to compete in team roping. We have two children ages 20 and 17.



REHABILITATION
SERVICES

NORTH ARKANSAS REGIONAL MEDICAL CENTER

Physical, Occupational and Speech Therapy

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