



Meet Tonia Stokes, PT, DPT

*Bachelor of Arts in International Studies from
Arkansas Tech University.*

*Doctor of Physical Therapy (DPT) from Missouri
State University.*

10 years with North Arkansas Regional Medical Center

What made you decide to become a Physical Therapist?

I wanted a career which would enable me to make a positive change in the lives of others. Physical therapy allows me the opportunity to assist people in maintaining their best quality of life through education, manual therapy, and exercise.

Specialty Areas: I have a certification in vestibular therapy from Emory University and treat vertigo, gait, and balance disorders. I also have a Certification in Dry Needling (Cert. DN) and an

Astym therapy certification to treat soft tissue disorders and joint pain.

Favorite Part About Being a Physical Therapist: The best part of being a physical therapist is watching patients achieve their goals and return to normal function.

Fun Fact About Yourself: I enjoy traveling and experiencing new places and cultures. I have been Irish dancing for thirteen years, and I am a part of Celtic Fire Irish Dance Company and the Crooked Creek Ceili Dancers.



REHABILITATION
SERVICES

NORTH ARKANSAS REGIONAL MEDICAL CENTER

Physical, Occupational and Speech Therapy

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