

Meet Janice Zerbe

*Associate Degree of Applied Science
Physical Therapist Assistant*

4 years with North Arkansas Regional Medical Center

What made you decide to become a Physical Therapist Assistant? Prior to becoming a PTA I worked in the fitness field both on cruise ships and on land. I trained many clients including millionaires, movie stars and even a king. I loved every minute, but I felt something was missing in my skill set. I was teaching 24 fitness classes a week and working as a personal trainer, but I wanted to do more to help people, specifically with regards to rehabilitating from various injuries. I discussed this desire with a friend who suggested I go back to school to pursue a career as a Physical Therapist Assistant. I set and achieved this goal and absolutely love this career change.



Specialty Area: Pediatrics and Geriatrics

Favorite Part of Being a Physical Therapist Assistant: Everything. I love people of all ages and I really enjoy meeting each patient and getting to know them and their stories. I have an enthusiasm and passion for motivating them to achieve their goals and love bringing joy to each person I meet.

Fun Fact About Yourself: I'm from England. I met my husband while both of us were working on a cruise ship. He was a musician on board and I taught fitness. We got to travel the world together starting in Rome, which I call our Rome-antic first meeting. I worked on ships for 8 years and he 14. We continued to sail for 2 years after we married, with our mutually favorite destination by far being Antarctica.

After leaving the ships we followed the music, living first in Mackinaw City, MI, then Little Rock, AR, before settling in Branson, MO. We have 2 girls, aged 14 and 17, and 2 cats. We love the outdoors and enjoy camping in the summer when it's not too hot. We enjoy family time and frequently go to the Board Game Café in Branson. My personal hobby and 2nd passion is photography. I love to photograph birds, people and special events.



Physical, Occupational, and Speech Therapy

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